

WAKA 6 v. 6 Volleyball Rules

OVERVIEW – THE BASICS

- Each team consists of no more than 6 players on the court at one time
- Teams may play with 3 females/3 males, 4 females/2 males, or 4 males/2 females
- Teams will have 1 hour to play a match
- 1 match is 3 total sets (games) to 21 each night; 1 hour allotted
- Team must win by 2 to 21 points or first to 25 points
- All sets will play using all-rally scoring rules and no sideouts

BEGINNING OF GAME

Each set will start with rock, paper, scissors. The winning team will have one of two options, choose to serve first or choose which side they prefer to play on, (not both). Each match will consist of three sets. Each match will count in the overall standings for regular season standings.

GAMES

Matches will be played within the allotted timeslot. All sets are played to 21 win by 2 or first to 25. One time-out per set, per team is allowed. Rally/speed scoring will be enforced. In playoffs, sets will be played as the best 2 out of 3 to 21 win by 2 or first to 25. One time-out per set is allowed.

Each team plays one match every league night and a match consists of playing 3 total sets (games). Scores will be recorded as the number of sets won and lost each night. (e.g. 3-0, 2-1, 1-2, etc). League standings will be ranked based on match winning percentage, just like WAKA kickball rules. The tie-breaker standings process will also follow the WAKA kickball rule format.

ALL GAMES ARE SELF-REFFED. There will be no obligation on the onsite staff to referee sets, however the onsite staff will be made available to help interpret rules or if there are any discrepancies between the two teams that need to be addressed. Captains are responsible for reporting the results of their match to the Community Coordinator.

FULL TEAM

A full team consists of 6 players. Teams may play with 3 females/3 males, 4 females/2 males, or 4 males/2 females. If a team has either 5 or 4 players with a minimum of 2 females it will be considered a legal set. If you do not meet the minimum requirements, first set will be forfeited 10 minutes after start time. The entire match will be forfeited at 15 minutes after start time. Teams with less than 4 players or without 2 women may still play a match for fun! Free substitutions throughout the match. Women sub for women and men sub for men.

NETS

Nets that are approximately 3 inches above women's height nets will be used for Coed Play. If the ball hits the roof or anything hanging from the roof it is still in play. If it hits the wall it is out of play (indoor volleyball only).

RULES

- A legal serve in WAKA play is one that crosses the net and is either touched by an opposing player or lands within the opposing team's area of the court within the boundary lines. A serve that makes contact with the net and carries over to the opponent's side of the net is a live serve and must be returned. Setting the serve is legal as long as the ball is not caught or carried.
- The server may not step on or over the end line until the ball has been contacted. The width of the service area is from sideline to sideline. The depth of the service area is infinite. There is no male/female hitting rules.
- A defensive block does not count as one of the allowable three contacts. A player may reach over the net to block a ball if: a. Any portion of the ball breaks the plane of the net. b. After the offense has come in contact with the ball on the third attempt. The serve may not be blocked or spiked.
- Players can return the serve by: a. Bump pass b. Clasp their hands together c. A closed fist d. A set (as long as the ball is not caught or carried)
- No part of the body may touch the net at anytime unless a ball or person driven into the net causes the contact. Player contact with the net in a manner not directly relating to or affecting the course of play is not a violation. Contact with hair or part of the uniform will not be considered a fault.
- Contact of the ball when spiking is legal only if a portion of the ball is in contact with the plane of the net or on the spiker's side of the net. Spikers may follow through over the net after legal contact.
- The ball must be cleanly hit when spiking with an open hand. Guiding or carrying is illegal. A carry is any use of an open hand(s) while making contact with the ball that is not in a firm manner.
- Out of bounds is the area outside the designated court line, (some facilities may also have "antennas" attached to the net, at these facilities the antennas will be considered out of bounds as well).
- A player may touch but not completely cross over the center line with his/her foot.
- The ball can contact any number of body parts down to, and including the foot.

USA VOLLEYBALL rules apply unless stated otherwise.

- Refrain from smoking on the courts out of respect for players (outdoor volleyball only).

T-SHIRTS

- Every player must wear their WAKA volleyball shirt each week! Repeated violations of not wearing the team issued WAKA shirt may result in a paper forfeit
- You may make modifications to your shirt as long as the WAKA logos are visible on the shirt

WEATHER – (outdoor volleyball only)

- Expect to play each week, even if it's raining
- Games will only be cancelled if there is a threat of lightning/imminent severe weather
- League staff will communicate any game cancellations via email by 4pm

** Please note that a given League's policies are expressed on each League's webpage, whether in the text of the page itself or any documents linked to from the page (such as FAQs and memos to Captains). There may be policies on the local level that expand on or even supersede the default policies herein - please check out your local League page and ask your WAKA Community Coordinator if you have questions.*